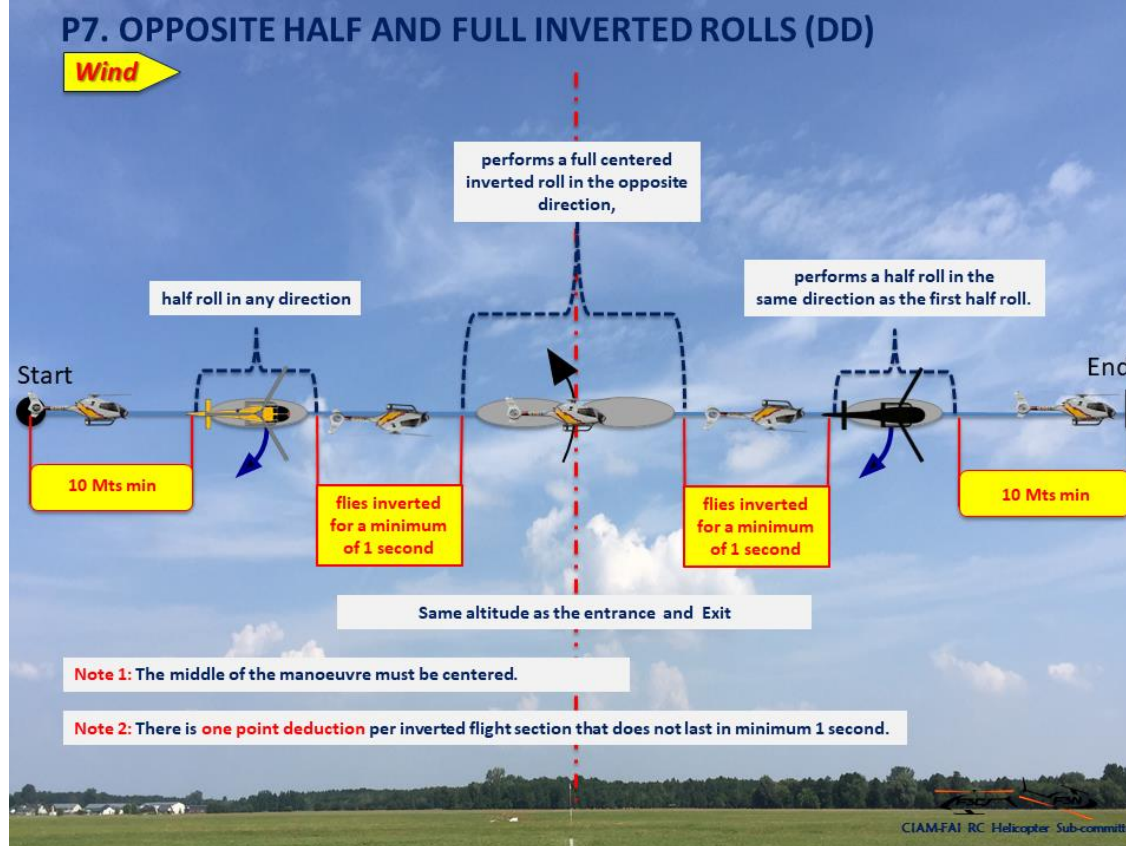


# HELP FOR TRAINERS AND PILOTS

## P7-Rolls-2020-2021

By Roger Lacôme





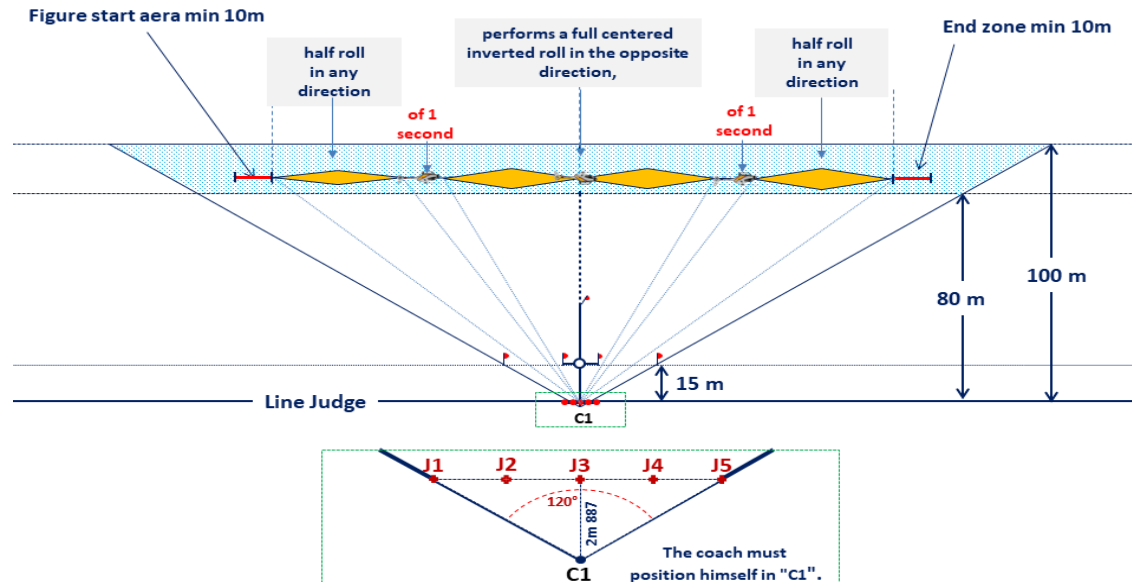
### P7: Opposite half and full inverted Rolls (DD) K=1.0

MA flies straight and level for a minimum of 10 m and performs a half roll in any direction, flies inverted for a minimum of 1 second, performs a full centered inverted roll in the opposite direction, flies inverted for a minimum of 1 second, performs a half roll in the same direction as the first half roll. MA flies straight and level flight for a minimum of 10 m.

**Note 1:** The middle of the manoeuvre must be centered.

**Note 2:** There is one point deduction per inverted flight section that does not last in minimum 1 second.





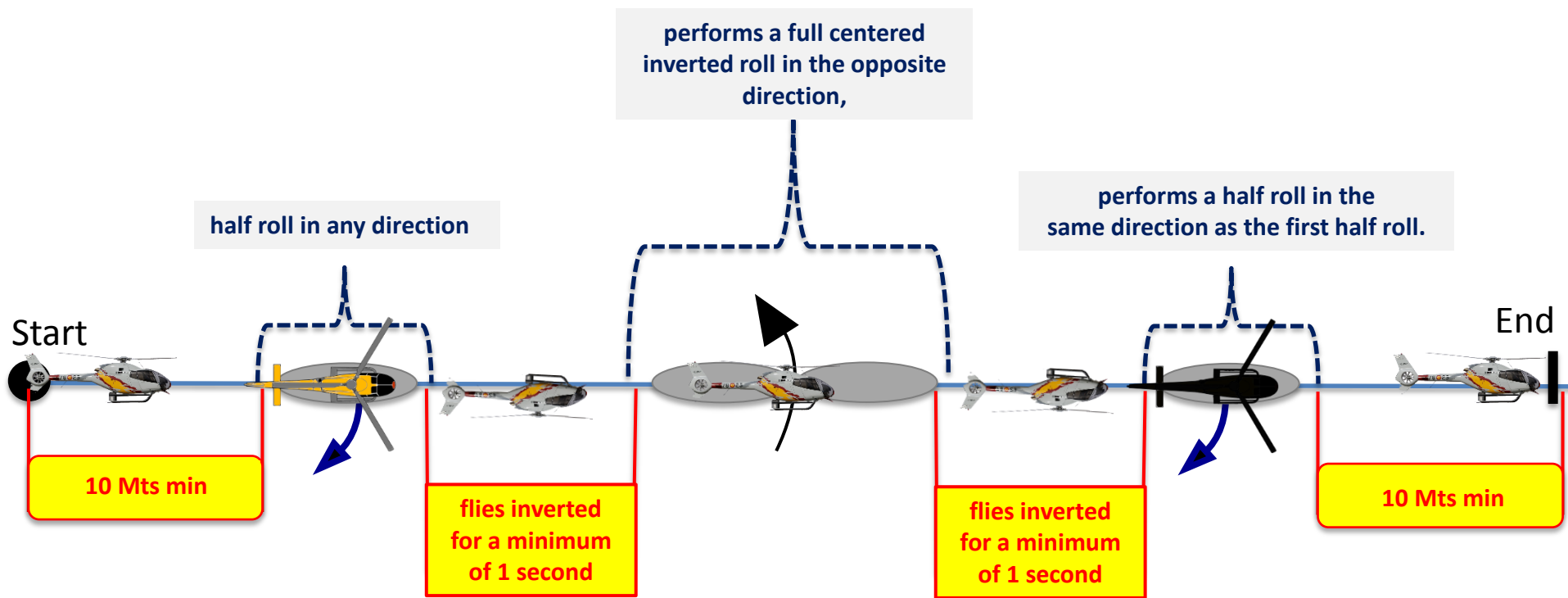
### Comments :

More than any figure, the first important point of it is the place where the start is given because it determines the possible success of the figure or not, if the top is given too late (therefore too close to the center line), the figure is most likely not to be centered with all the consequences and penalties that this would imply.

Regarding the flight depth and unlike the previous figures, you really have to go to a flight depth of 90 to 100m because all the maneuvers necessarily take up a lot of space.

Like the trainer (trainer) during training, the caller during competitions has a very big responsibility concerning the announcement of the beginning of the figure because it is necessary to announce the "start" very early.

Like the trainer during a pilot's training, the caller during competitions has a great deal of responsibility for announcing the start of the figure because the start must be announced very early.



Summary of the main points that the trainer must monitor during the training of a pilot.

- An early start.
- That the first reverse flight be at least 1 second at least because it should not be forgotten that the penalty is 1 point if the duration is not respected.
- Of course, that the full roll is well centered.
- Same reason for the duration of the second reverse flight.
- And finally that the whole flight is on a straight horizontal line, rectilinear and parallel to the judges' line.

**Thanks for your interest**

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